



Life  
Cycles  
Counseling

# *Substance Abuse Support Class*

*Every Monday at 6 pm at Life Cycles Counseling*

**Life Cycles Counseling is holding a support group for parents/loved ones who:**

- Have asked the question, “why won’t they just stop?”
- Have said on more than one occasion, “this is my fault.”
- Have felt isolated or alone in dealing with this familial problem.
- Are looking for resources to cope with a loved one’s substance abuse.

*Our recurring weekly Substance Abuse program is facilitated by Dr. Adina Silvestri, who will join you as a partner on the road to recovery.*

**The benefits of our program include:**

- Be a part of a group of family members with similar struggles.
  - Learn more about the disease of addiction.
- Receive support from trained professionals in the field of addiction.
  - Personalized approach to coping with this disease.
  - Personalized handling of difficult conversations.

*For More Information:*

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